

Echo Aquatic & Fitness Centre

HOURS OF OPERATION
Monday - Friday: 6:00 am - 9:00 pm
Saturday: 8:00 am - 8:00 pm
Sunday: 8:00 am - 8:00 pm



Main Pool:

- Length 121' x Width 45'
- Max depth 12', Min depth 3'
- 262,000 US gallons
- Temp 83° F / 28° C
- Pool Deck Temp 85° F / 29° C
- 1 high & 1 low springboard

Every 4 1/2 hours the amount of water equal to the pool volume is passed through the filter system.

Tot's Pool:

- Length 20' x Width 12'
- Depth 2 1/2 - 3'
- Temp 90° F / 32° C



Special Features:

- 3 Family change rooms, one with overhead lift
- Pool lift and Special Needs access in Main and Tots pool.



Whirlpool & Sauna:

- Whirlpool: 1,444 US gallons - temp 104° F / 40° C
- Dry Sauna: 180° F / 82° C
- Showers at entrance



Fitness Gym:



Featuring:

- 2 Elliptical trainers
- 2 Stationary bikes
- 1 Treadmill
- Paramount Circuit machine
- Free motion dual cable cross over machine
- Free weights, bosu and stability balls.

Open to ages 16 and over. Ages 13-15 welcome when accompanied by an adult.



Echo Aquatic Centre
Port Alberni Parks and Recreation Department

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