

ECHO SUNSHINE CLUB

Fun begins at 50!



If you're 50+ and want an active lifestyle, a place to meet new friends or socialize with old friends, a chance to volunteer and help out others, or to take a trip out of town ... then you'll want to join the Echo Sunshine Club!

Memberships are available at a cost of \$50.00 per person and are available from the Sunshine Club office at Echo Centre Monday -Thursday from 9:00 am - 4:00 pm or Friday from 9:00 am - 3:30 pm. For further information, call the office at 250 720-2505.

A monthly newsletter is available to pick up in the lobby of Echo Centre anytime. It has a complete listing of all the programs and services offered each month.

Visitors and guests are welcome and a guest membership for out-of-town visitors is available on a monthly basis.

Check out the opportunities available:

Hobbies/Crafts

Woodworking, Pottery, Stamp Crafts, Watercolour Painting, Quilting, Arts and Crafts

Music/Dance

Line Dancing, Round Dancing, Jazz Dancing, Scottish Country Dancing, Clogging, Monthly Dances, Sing-a-longs, Ukulele Club, Strummers Guitar Group, Autoharp

Physical Activities

Floor Curling, Table Tennis, Volleyball, Tai Chi, Limber Up, Carpet Bowling, Saturday Hikers, Dragon Boat team, Disc Golf, Wii Fitness

Games Galore

Mah Jong, Texas Dominoes, Pool/Snooker, Table Games, Cribbage, Whist, Bridge

Lunch/Dinner

Lunch Bunch, Light Lunch Service, Afternoon Tea Service, Dinner Club

Services Available

Friendly Phone Service, Hospital Visiting, Office Volunteers

Travel

Bus Trips, Holiday Tours, Van Trips, Trailer Club

And More!

Special Events Entertainment Programs, Spanish Group, French Group, Digital Photography Club, Computer Lessons, Computer Club, Library Cart, Special Courses, Workshops, Craft and Bake Sale, Volunteer Tea and more!

Craft/Bake Sale and Afternoon Tea
Saturday March 3
 1:00 - 3:00 pm
 Echo Centre
 Everyone Welcome





Port Alberni Celebrates its 27th Annual Seniors' Week June 3 – 9, 2012

A Seniors' Week Flyer listing all of the special events, seniors discounts, prizes, bus trip, ticket information and more will be published by May 4 and will be available to pick up at Echo Centre or any of the major grocery stores.

If you are a group or business in Port Alberni and would like to participate in this "Salute to Seniors" please contact Karen Freethy at Echo Centre 250 720-2509 or karen_freethy@portalberni.ca. Thank you.

Swimming, Ice Skating/Shinny Hockey Public Session Admission Rates Effective July 2011

	Individual Admission Non-City Resident (NCR)	Individual Admission City Resident (CR)	10 Pack Tickets Non-City Resident (NCR)	10 Pack Tickets City Resident (CR)	1 Month Pass Non-City Resident (NCR)	1 Month Pass City Resident (CR)	3 Month Pass Non-City Resident (NCR)	3 Month Pass City Resident (CR)
Child (3-18 yrs)	4.75	3.00	43.00	24.00	53.00	29.00	107.00	59.00
Adults (19-54 yrs)	8.25	5.25	74.00	45.00	93.00	56.00	186.00	111.00
Seniors (55 yrs +)	5.75	3.75	52.00	31.00	65.00	39.00	129.00	78.00
Family	18.00	12.00	162.00	97.00	203.00	122.00	405.00	243.00
Showers	3.25	3.25	Patrons must show their City Resident card in order to receive the discounted (CR) prices					
Skate Rentals	2.50	2.50						
Skate Sharpening	3.00	3.00						